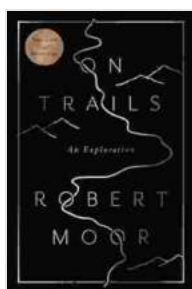


On Trails: An Exploration by Robert Moor

On Trails is a fascinating and wide-ranging exploration of the history, science, and culture of trails, from animal paths to human highways. Robert Moor, a former contributing editor at *The New York Times Magazine*, draws on his own experiences hiking and backpacking around the world to tell the story of trails and their importance to humans and animals alike.



On Trails: An Exploration by Robert Moor

★★★★☆ 4.4 out of 5

| | |
|----------------------|-------------|
| Language | : English |
| File size | : 3010 KB |
| Text-to-Speech | : Enabled |
| Screen Reader | : Supported |
| Enhanced typesetting | : Enabled |
| X-Ray | : Enabled |
| Word Wise | : Enabled |
| Print length | : 353 pages |



Moor begins by exploring the natural history of trails. He describes how animals use trails to find food, water, and shelter, and how trails can be used to track animal movements. He also discusses the role of trails in human history, from the earliest hominids who followed animal paths to the modern-day hikers and backpackers who use trails to explore the wilderness.

In addition to their natural and historical significance, trails also have a cultural significance. Moor explores the role of trails in folklore, literature,

and art. He also discusses the ways in which trails can be used to connect people and communities.

On Trails is a beautifully written and thought-provoking book that will appeal to a wide range of readers. It is a must-read for anyone who loves to hike, backpack, or explore the outdoors.

Here are some of the things I found most interesting about *On Trails*:

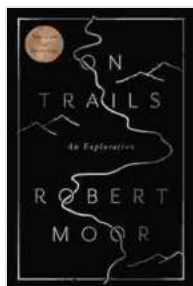
- Moor's discussion of the natural history of trails. I was particularly fascinated by his description of how animals use trails to find food, water, and shelter.
- Moor's exploration of the role of trails in human history. I found it fascinating to learn about the ways in which trails have been used by humans throughout history, from the earliest hominids to the modern-day hikers and backpackers.
- Moor's discussion of the cultural significance of trails. I found it particularly interesting to learn about the role of trails in folklore, literature, and art.
- Moor's personal experiences hiking and backpacking around the world. I enjoyed reading about Moor's own experiences on trails, and I found his insights into the importance of trails to be both insightful and inspiring.

Overall, I found *On Trails* to be a fascinating and thought-provoking book. It is a must-read for anyone who loves to hike, backpack, or explore the outdoors.

Here are some of the takeaways from *On Trails*:

- Trails are important to both humans and animals. They provide us with access to food, water, and shelter, and they can also be used for recreation and transportation.
- Trails have a long and rich history. They have been used by humans for thousands of years, and they have played a role in many important historical events.
- Trails are cultural artifacts. They can tell us about the history of a place, and they can also be used to connect people and communities.
- Trails are important for our mental and physical health. Hiking and backpacking on trails can help us to reduce stress, improve our mood, and get in shape.

I hope you enjoy reading *On Trails* as much as I did. It is a truly fascinating and thought-provoking book.



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