

# Keys Golf: How to Break 90 an Easy Way to Lower Your Scores: Make Every Shot Count

Breaking the 90 barrier in golf is a significant milestone for many amateur golfers. It represents a level of consistency and skill that can open up new opportunities and make the game even more enjoyable. However, achieving this goal can seem daunting, especially for those who have struggled to break 100 consistently. In this article, we will provide a comprehensive guide on how to break 90 in golf, covering everything from swing technique to course management and mental game. By following these tips and practicing diligently, you can significantly improve your scores and unlock your full potential on the golf course.

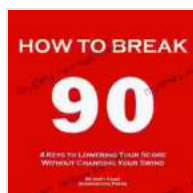
A solid swing is the foundation for good golf. Focus on developing a swing that is repeatable, consistent, and powerful. Here are some key swing tips:

- **Grip:** Your grip should be comfortable and secure. The most common grips are the interlocking grip and the overlapping grip. Experiment with both to find the one that works best for you.
- **Stance:** Your stance should be balanced and athletic. Your feet should be shoulder-width apart, with your knees slightly flexed. Your weight should be evenly distributed between your feet.
- **Backswing:** The backswing should be smooth and controlled. Take the club back to a comfortable position, keeping your head down and your eyes on the ball.
- **Downswing:** The downswing should be powerful and aggressive. Drive through the ball with your lower body, keeping your head down

and your swing path on target.

- **Follow-through:** The follow-through is just as important as the backswing and downswing. Extend your arms fully and finish with your weight on your front foot.

Course management is essential for breaking 90. It involves making smart decisions about club selection, shot placement, and risk-taking. Here are some course management tips:



## 4 KEYS GOLF - HOW TO BREAK 90 (An Easy Way to Lower Your Scores, Make Every Shot Count, Get Rid of The Big Miss & Enjoy Golf More Without Changing Your Swing.) (Golf Demystified) by James Miller

★★★★☆ 4 out of 5

Language	: English
File size	: 350 KB
Text-to-Speech	: Enabled
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 118 pages
Lending	: Enabled
Screen Reader	: Supported



- **Know your distances:** It is important to know how far you hit each club in your bag. This will help you select the right club for each shot and avoid costly mistakes.
- **Play to your strengths:** If you are a good putter, focus on hitting greens in regulation. If you are a long hitter, use your driver to your

advantage on long holes.

- **Avoid trouble:** Stay out of the rough, water, and bunkers. These hazards can lead to big numbers.
- **Take calculated risks:** Sometimes, you need to take risks to score well. However, it is important to weigh the risks and rewards carefully before making a decision.

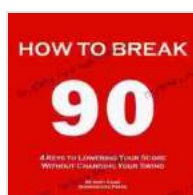
The mental game is often overlooked in golf, but it is just as important as swing technique and course management. Here are some mental game tips:

- **Stay positive:** Golf is a challenging game. There will be times when you make mistakes. It is important to stay positive and focus on the next shot.
- **Set realistic goals:** Don't try to do too much too soon. Set small, achievable goals for yourself and gradually work towards them.
- **Visualize success:** Before you hit a shot, visualize yourself making a perfect swing and hitting the ball where you want it to go. This will help you build confidence and focus.
- **Learn from your mistakes:** Everyone makes mistakes in golf. The important thing is to learn from them and move on. Don't dwell on bad shots.

Practice is essential for improving your golf game. Make sure to practice regularly, both on the range and on the course. Here are some practice tips:

- **Work on your swing:** Spend time practicing your swing at the range. Focus on developing a consistent and repeatable swing.
- **Hit different shots:** Don't just hit the same shot over and over again. Practice hitting different types of shots, such as fades, draws, and chips.
- **Play on the course:** The best way to improve your golf game is to play on the course. This will help you learn how to manage the course and make smart decisions.

Breaking 90 in golf is a challenging but achievable goal. By following the tips outlined in this article, you can significantly improve your scores and unlock your full potential on the golf course. Remember, golf is a game of patience and perseverance. Don't get discouraged if you don't see immediate results. Keep practicing, stay positive, and set realistic goals. With time and effort, you will be able to break 90 and enjoy the game more than ever before.

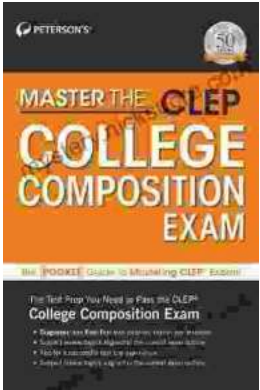


## 4 KEYS GOLF - HOW TO BREAK 90 (An Easy Way to Lower Your Scores, Make Every Shot Count, Get Rid of The Big Miss & Enjoy Golf More Without Changing Your Swing.) (Golf Demystified) by James Miller

★★★★☆ 4 out of 5

Language	: English
File size	: 350 KB
Text-to-Speech	: Enabled
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 118 pages
Lending	: Enabled
Screen Reader	: Supported

**FREE** **DOWNLOAD E-BOOK** 



## Master the CLEP: Peterson's Ultimate Guide to Success

Are you ready to take your college education to the next level? If so, then you need to check out Peterson's Master the CLEP. This...



## How To Bake In Unique Way: Unleash Your Culinary Creativity

Baking is an art form that transcends the creation of mere sustenance. It is a canvas upon which we can paint vibrant flavors, intricate textures, and edible masterpieces...