

Catch Them Being Good: A Framework for Positive Behavior Support

- **Focus on the positive:** Catch Them Being Good focuses on reinforcing positive behaviors rather than punishing negative ones. This helps to create a positive and supportive learning environment.
- **Be specific:** When you catch someone being good, be specific about what they did. This helps them to understand what behaviors are expected and rewarded.
- **Be immediate:** Provide positive reinforcement as soon as possible after the desired behavior occurs. This helps to create a strong association between the behavior and the reward.
- **Be consistent:** Provide positive reinforcement consistently for desired behaviors. This helps to maintain the desired behavior over time.

There are a variety of strategies that can be used to implement Catch Them Being Good. Some common strategies include:

- **Verbal praise:** Simply telling someone that they did a good job can be a powerful reinforcer.
- **Written praise:** A written note or letter of praise can be a more formal way to recognize positive behavior.
- **Tangible rewards:** Small tangible rewards, such as stickers, pencils, or candy, can be used to reinforce desired behaviors.
- **Privileges:** Privileges, such as extra recess time or the opportunity to choose an activity, can be used to reward positive behavior.

- **Social recognition:** Public recognition of positive behavior can be a powerful reinforcer, especially for students who are seeking attention.

There are a number of benefits to using Catch Them Being Good, including:

- **Increased positive behavior:** Catch Them Being Good helps to increase the frequency of desired behaviors. This can lead to a more positive and productive learning environment.
- **Improved relationships:** Catch Them Being Good helps to build positive relationships between teachers and students. This can lead to increased cooperation and trust.
- **Reduced negative behavior:** Catch Them Being Good can help to reduce the frequency of negative behavior. This is because positive reinforcement is more effective than punishment in shaping behavior.
- **Increased motivation:** Catch Them Being Good can help to increase student motivation. This is because students are more likely to be motivated to engage in behaviors that are reinforced.

Catch Them Being Good is a framework for positive behavior support that can be used to improve student behavior and create a more positive learning environment. This approach is based on the principles of operant conditioning and uses positive reinforcement to increase the frequency of desired behaviors. There are a variety of strategies that can be used to implement Catch Them Being Good, including verbal praise, written praise, tangible rewards, privileges, and social recognition. Using Catch Them Being Good can help to increase positive behavior, improve relationships, reduce negative behavior, and increase student motivation.



Catch Them Being Good: Everything You Need to Know to Successfully Coach Girls by Charles Salzberg

★★★★☆ 4.7 out of 5

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Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
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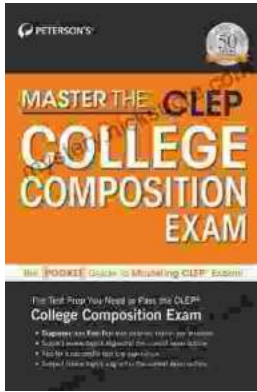


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